



PARISH NEWS

APRIL & MAY 2021

MIDDLETON, NORTH RUNCTON & EAST WINCH

CUT THE SPEED LIMIT THROUGH MIDDLETON

Having lived in Blackborough End now for five years, I'm regularly reminded of the dangers in going from one side of Middleton to the other, where the Post Office is. I also travel that way daily to Bawsey to walk my dog. Crossing the A47 is safe enough for pedestrians with the traffic lights and crossing, and it's lucky if they are on red when one wishes to drive the dog-leg into and off the A47 without the usual rush of trucks and other traffic travelling at 40mph plus.

Further down the A47 where it passes through much smaller and less busy villages, the speed is set to 30mph, and quite right too, I just can't understand why Middleton is any different. With the road bending towards Lynn as it does, traffic is not visible if one is waiting in a car on either side, which has many times almost caused a collision as a truck sweeps round the bend and bears down, the driver, as usual, being unwilling to ease his foot from the accelerator.

Once, when travelling to Bawsey, and with no sign as I moved out from Sandy Lane, a truck came along so fast that it was behind me, horn blaring, almost instantly, threatening a collision rather than slow a little for local traffic.

I know it can be a long process getting a speed limit changed, but the safety and health of residents is supposed to be taken into consideration when setting limits according to the Government guidelines, and I expect an accident on this junction sooner rather than later, although

the present lockdown has reduced traffic considerably and we are enjoying a calmer A47 with much easier crossing. This will not last forever, and there has already been a return to the usual heavy traffic.

Is there any possibility an application could be made to the relevant authority to reduce the existing 40 limit to 30mph? Many people can't walk all the way to the Post Office, so have to drive. There can't be any overriding need for traffic on the A47 not to be slowed for a few seconds while passing through our village surely?

Peter Simmons

WANTED! MAGAZINE DISTRIBUTOR

We need a volunteer in East Winch to deliver the Parish News (when paper copies are eventually available) along both sides of the A47 from the Carpenter's Arms to Gayton Road, and down Church Lane for the first group of houses.

About 22 magazines six times a year. Please contact Nell Steele (Tel 840814) or Elsie Brown (841601) if you'd like to help.

[Editor's Note: This is the third edition of the Parish News in the last 12 months that has been available "online only" via the Parish Council websites. If all goes well, we expect to be distributing printed copies again for the June & July edition.]

Church Services in April & May

Sunday, 4 April, Easter Day

9.30am **W Winch** Holy Communion

11.30am **E Winch** Holy Communion

2.00pm **N Runcton** Holy Communion

Sunday, 11 April

Online Service

Sunday, 18 April

11.00am **Middleton** Benefice Holy Communion

Sunday, 25 April

Online Service

Sunday, 2 May

9.30am **W Winch** Holy Communion

10.30am **E Winch** Holy Communion

Sunday, 9 May

11.00am **N Runcton** Holy Communion

Thursday, 13 May - Ascension Day

No Service

Sunday, 16 May

11.00am **E Winch** Benefice Holy Communion

Sunday, 23 May

11.00am **Middleton** Benefice Holy Communion

Sunday, 30 May

9.30am **W Winch** Holy Communion

2.00pm **N Runcton** Evening Service

East Winch Parish Council

By Nell Steele

Planning. All planning matters have been considerably delayed, as the Borough Council suffers staff shortages and struggles with Covid regulations. The consultation period for the Eco Wellness centre off the Ashwicken Road may not now take place until the summer.

Forestry work in Bilney woods. This was due to start in late February, but the foresters have been waiting until the soil dries up a bit before starting felling.

Extra dog poo bins. The Forestry Commission does not want to have a bin at the entrance to Bilney woods, having had bad experiences with bins in Shouldham Forest. So please, if you bag up your dog's poo, take it home, as the woods are already spoilt by bags of poo which never rot away.

Subject to the agreement of the Borough Council, it is hoped that a bin will be placed at the bottom of Church Lane. Bins cannot be emptied where the lane becomes a path, so please bear this in mind and take the poo to a bin. The nearest one is currently the one by the church gates.

The Parish Council is still unable to meet, but if you have any concerns, please contact the Parish Clerk, Bob Pannell, or any of the councillors.

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Middleton Parish Council Chairman's Report

By Mick Porter

At the March Parish Council (PC) meeting two new Councillors were welcomed to the meeting, Mrs Valerie Newton and Mrs Cheryl Rose.

The PC have received complaints with regard the field adjacent to the allotments. Several caravans have appeared and one appears to be lived in. Borough Councillor Peter Gidney agreed to liaise with the Borough Enforcement Officer.

There are issues with the dyke at the bottom of Water Lane. It seems that the outlet pipe is blocked causing a back up of water. The result of this is a localised flooding in the area especially recently with several days of rain. Peter Gidney is going to investigate if we have any influence with King's Lynn Drainage Board.

At the January meeting it was agreed that the telephone box at Blackborough End be used as a CD/DVD and Book exchange. Prior to this, the box must be water-tight. An estimate to carry out the work was received but the PC felt the cost was far in excess of what they were prepared to pay, seeing as the box does not belong to the PC. It was agreed that the door be permanently sealed shut.

It was agreed that the grit bins be replaced due to the fact that they are all in a bad state of repair.


A planning application to have a waste recycling facility in the disused pit off Mill Drove has been received. This would have a detrimental affect on the residents of Blackborough End from the noise and dust. Other factors are that the proposed facility does not comply with the Norfolk Minerals and Waste Development Framework in several instances. These being Sections: 5.1 and 5.13; 6.7.8 and 6.7.9; and CS 5, 6, 13 and 15

The site is not a preferred site in the Site Allocation document. In 2019 a previous Planning Application for the same waste recycling facility was rejected. The PC agreed that the present planning application be

rejected. The Parish Clerk and our Norfolk County Councillor Graham Middleton are going to co-ordinate the Parish Council's response to Norfolk County Council.

An estimate would be sought to tidy up the allotments at the Alley and make access to the dyke easier.

Various highway issues will again be reported to the Highways Department.



MAGPIE CENTRE LOOKS FORWARD TO 2021

Now that the Covid vaccination programme is gathering pace, the Magpie Centre, home of West Norfolk Riding for the Disabled Association, based at Wallington Hall, South Runcton, is looking towards a brighter future.

November 2019 saw a pilot session of Tea With a Pony, aimed at people living with dementia, and their carers. Care home supervisors reported that residents had been very much stimulated by their visit and had continued to talk about it for days afterwards. Further monthly Tea With a Pony meetings were put on hold, because of the pandemic, but are now re-scheduled to begin when current restrictions are lifted.

The Magpie Centre is also creating a Sensory Garden, including a variety of scented plants in raised beds, and a water feature, for participants to enjoy, and work on this is progressing apace. One of the features has a 'seaside' theme. Therefore, we need a small, wooden dinghy, which, upturned, as a planter, will form the centrepiece of this, plus several varieties of ornamental grasses.

We also need clematis and jasmine plants/cuttings, to grow up the newly-erected fences, so if you have any offcuts, or might like to donate funds towards this project, please visit www.rda-westnorfolk.org.uk; email c.dudley@success-in-english.co.uk or call 01553 828935. We should be most grateful for any help you can offer towards this exciting project.

New Food Businesses in West Norfolk Urged to Register

Food businesses across West Norfolk are being reminded to register with Environmental Health as the pandemic brings an increase in home based traders selling food.

In total, there are 1,670 food businesses registered with Environmental Health in West Norfolk. 172 were registered in the last year, and 61 of these are defined as home caterers – compared to 48 operating from home in the previous year.

You'll need to register your business if you:

- prepare or sell food or drink (this includes where all food is pre-packed)
- store and distribute food
- are a mobile catering vehicle or market stall (you need to register where you store the food and vehicle)
- prepare food or drink at home as part of your business (for example, cupcakes or celebration cakes)

If you have multiple premises or catering vehicles, you'll need to register each one. Every new food business must register before it starts trading. All companies that register will not only benefit from some free business advice, they will be also be given an official food hygiene rating – and a good rating can be a selling point for a food business.

The Borough Council is also encouraging the public to check a premise's food hygiene rating before purchase. You can check that a food business is registered and their food hygiene rating by visiting: ratings.food.gov.uk.

CORONAVIRUS VACCINE - GET ALL THE ANSWERS

The Covid-19 vaccination programme is the largest in the history of the NHS. If you have any questions about the progress of the programme or the safety of the vaccine you can find all the answers on the Norfolk and Waveney NHS Clinical Commissioning Group website:

www.norfolkandwaveneyccg.nhs.uk/covid-19-vaccination-programme

From that page you can also access a detailed FAQ document.



Quiz in support of

- Short introduction to the work of Christian Aid by Julian Bryant
- 50 General Knowledge Questions
- An opportunity to give to the work of Christian Aid
- Join us for Fun & Fellowship from your own home

Friday, 14th May 2021 at 7.30pm

Zoom Meeting 810-4464-3284 Password 443767 hosted by King's Lynn Church of the Nazarene

(For further details contact Rev Heather Berry on 01553 764098 or Michael Aldis at sil8field@googlemail.com)

“engAge”

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As part of our digital inclusion services, Age UK Norfolk teamed up with Age UK Norwich to develop engAge which aims to bring a whole range of activities and services to older people in Norfolk.

You will find exercise classes, arts and crafts, friendship, creative workshops, digital skills courses and much more.

So if you want to get active with fun exercise classes, get crafty with arts and crafts, or want to learn how to video call your family and friends see www.norfolkengage.co.uk.

Do share engAge with your family and friends so they can get involved too.

If you have any activities in Norfolk, then we want to hear from you. Contact: digitalinclusion@ageuknorfolk.org.uk

EAST WINCH NEWS

By Nell Steele

Litter Picking

Hurrah for the wonderful team which collected litter in East Winch and along the common! They were so enthusiastic! Many, many thanks. Pity that just a day later someone had flung out more rubbish. Does anyone feel like continuing up Common Road beyond the chevrons? If so, please get in touch with me (01553 840814).

Excavation at Grandcourt Farm

Sibelco chaired a liaison meeting on 18th March. I wasn't able to attend much of it but there are 2 applications ongoing: one to modify the conditions under which the existing pit is to be restored, and the other to extend the excavation up to the north end of the village. The reason for the delay in starting the new dig is that NCC keeps coming up with new queries to be resolved. The Sibelco representative said that if they were still unable to start in 3 months' time, they'd probably appeal.

It therefore appears that 3 months will be a minimum, and it may be longer before excavation begins.

East Winch Church Opening

During British Summer Time the church is normally open on Saturdays between 10 and 4. We intend to keep to this practice this year. If you visit, please use the first door you see, and use the hand sanitiser on the left as you go in. We would love to be more welcoming!

Comment from our group of Churches

Easter! Lent's over! Booze and chocolate galore! The lengthening days and British Summer Time push back the darkness. God's creation comes alive.

Then there's that extra all-important meaning for Christians. On the Friday, Jesus's crucified body had been buried in a tomb closed by a heavy stone. On the Sunday, the stone had been rolled away, and nothing was left but a few pieces of linen. Only St Matthew, who loved drama, describes an earthquake and an angel who zoomed down and rolled the stone back, before the terrified guards. But the tomb was

already empty.

Artists also liked to make the scene dramatic, never mind whether it was true to the gospels, and painted Jesus rising into the air above the tomb, greeted by God the Father and a crowd of angels, while the guards sink to the ground below.

Some of the hymns we sing at Easter have this triumphant attitude too, but I don't think they get anywhere near expressing the wonder and mystery of Easter. Somehow, quietly, between Friday evening and Sunday morning, the corpse had gone.

All the gospels are insistent that Jesus had risen and appeared to his followers to guide and inspire them. The hymn that sums it up best for me is less well known. Here's the first verse:

*Now the green blade riseth from the buried grain,
Wheat that in the dark earth many days has lain.
Love lives again, that with the dead has been:
Love is come again like wheat that springeth green.*

The melody is lovely, gentle, meditative. The emphasis is not on Jesus as a person, or where he is, but on love. The love that was - is - so strong it couldn't die. The love that brings new hope, new comfort, new inspiration.

The last verse of the hymn seems so right for what has been happening over the last year:

*When our hearts are wintry, grieving or in pain,
Thy touch can call us back to life again;
Fields of our hearts that dead and bare have been:
Love is come again like wheat that springeth green.*

Amid all the fear and grief - the people who couldn't say goodbye to a dying parent; the men and women in care homes who had no visitors; the many who have lost their jobs and who fear for their future - Love has come. People of all faiths and none have collected food for the hungry, visited or phoned vulnerable people, raised funds, while medical and social care workers have given their all to support and heal. This is Love rising again. This is what Jesus is all about.

MOBILE LIBRARIES

At the time of going to press, the mobile library service for our area was suspended until further notice - but please check the Norfolk County Council website for the latest information. If you are a mobile library customer with books on loan, they will be automatically renewed until further notice.



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Telephone Befriending with Age UK Norfolk

"It's lovely when somebody says thank you for ringing me. I enjoy chatting to people; they have some great stories to tell." *Telephone befriender*



Telephone befrienders make a friendly weekly call to an older person in Norfolk who may be lonely or isolated. For some older people this will be the only person they speak to all week. Even if you have only half an hour a week you could support an older person by enjoying a joke, sharing an experience or completing the quiz we provide together. One older person said about their befriender "We get on so well even though I'm 91 and she is in her 20's. I make her laugh and she makes me laugh too. We talk about all sorts of things; houses, TV, gardens. I think she's lovely and I do look forward to our chats."

Telephone befriending enables Age UK Norfolk to support older people across the whole of Norfolk. We have found telephone befriending an effective way of building a relationship with an older person and so relieving loneliness and isolation. For the befriender it is flexible, can be carried out from home and at a time that suits befriender and older person. The cost of the call can be reclaimed. Volunteers will need email and access to a computer/tablet as the induction and a follow up a month later is carried out by Teams (similar to Zoom), this is free, straightforward and full instructions are provided. The telephone interview and induction take place during office hours.

Most of our telephone befrienders are women and we need more of them. We would welcome more men too. Please get in touch via: volunteering@ageuknorfolk.org.uk or www.ageuknorfolk.org.uk

THE CPRE NORFOLK AWARDS 2021 ARE OPEN

Looking after the countryside, improving life for Norfolk communities and helping deal with climate change are all things where we need action. And every other year, the CPRE Norfolk Awards celebrate those who are doing just that.

We are CPRE Norfolk, the countryside charity (charity 210706), working for a countryside that's rich in nature, accessible to everyone and which plays a crucial role in responding to the climate emergency.

The 2021 CPRE Norfolk Awards has a range of categories and we are looking for projects carried out by local groups, local organisations (such as parish councils), and those in the private and commercial sector, and those that involve young people, that celebrate and enhance the quality of country life in beautiful Norfolk.

The entry categories are: (i) rural living (for projects that improve the sustainability of rural living such as reducing energy, carbon, water use etc. in rural communities); (ii) countryside champions (for projects that enhance wildlife, landscapes or improve countryside access); (iii) digging deep (for businesses, local authorities and parish councils that are putting something back to benefit the environment or landscape); (iv) good lighting design (to recognise schemes which keep light pollution impacts to a minimum in the rural countryside) - this category is not competitive.

Size of projects doesn't matter, especially where initiatives can be replicated throughout the county.

Entries can be made until 28th May 2021 and there will be an awards evening in September (hopefully a live event, but if this is not possible, we will hold a virtual event).

Find out more at:
www.cprenorfolk.org.uk/awards-2021

Please contact info@cprenorfolk.org.uk if you have any queries.

Resurrection

Christians believe that following the death of Jesus on the cross at Calvary his body was placed in a tomb owned by Joseph of Arimathea. The chief priests and Pharisees, knowing the prophecy that in three days Christ would rise again warned Pilate. Pilate ordered a large stone to be rolled to block the entrance of the tomb and posted a guard. After the Sabbath, on the first day of the week there was a violent earthquake and the Lord sent an angel to roll the stone away. We are told in Matthew's gospel that when the angel had rolled the stone away he sat on the stone. The guards were terrified and ran away. Later women came to wrap and anoint the body with oil and spices, the angel told them to look into the empty tomb to see the place where he lay. The angel told the women to tell the disciples that Jesus had risen from death and is alive.

We are told in Mark's gospel the first person Jesus meets was Mary Magdalene on the first day. Later he meets two disciples walking to Emmaus and he is recognised when they share a meal together. He appears to the disciples and shares fish with them by the lake. The disciples found it hard to take it in but Jesus shows them the wounds on his hands and feet and says "This is what I told you while I was still with you: Everything must be fulfilled that is written about me in the Law of Moses, the prophets and the Psalms."

In 1 Corinthians 15, Paul explains how many people witnessed Jesus was alive and had seen him. Paul explained that because of this we know that the resurrection was true and that it means for those who belong to him. The promise is that they too will be raised from the dead. At the time of Paul's teaching many questions were asked about how this would happen and when.

I have studied art history during lockdown. Many artworks throughout time have been inspired by the resurrection. What has struck me is that some of the greatest painters had experience of plagues, wars and times of lamentation. During the last century, following two world wars Stanley Spencer became a war artist and popular not just in Britain but all over the world. He painted pictures on the theme of resurrection and some of these can be seen in the Tate gallery as well as the Spencer memorial in Berkshire. My favourite painting on the subject is entitled "The resurrection: Port Glasgow" where the resurrection is painted as a happy time, wives are reunited with their husbands and can be seen brushing their husbands down as the rise

from the grave, others are chuckling over what is written on their tombstones. Everyone looks so ordinary and as if they have just woken from a peaceful sleep. In another picture he shows Christ gathering the crosses carried by the soldiers who had been made to suffer carnage on the battlefields and revived horses killed in the first world war.

Without the sacrifice, death and resurrection of Christ, Christians believe there would be no hope of eternal life with God. This has not changed for two thousand years. Hope cannot be destroyed because of the love God has for us. Perhaps there is a piece of art that has reminded you of God's love or maybe a piece of music or even a favourite walk in the countryside. Thank you for allowing me to share these thoughts. I pray that you will find the hope in the resurrection.

Amanda Hart

Authorised Worship Assistant, Middlewinch.

VOTE SAFELY ON 6 MAY

Voters have a range of options for casting their ballot – in person, by post or by appointing someone they trust to vote in their place, known as a proxy vote. The deadline to apply for a postal vote is 5pm on 20 April, and for a proxy vote the deadline is 5pm on 27 April.

For those who choose to vote in person, polling stations will be safe places to vote on 6 May. Voters are encouraged to keep themselves and others safe by:

- Wearing a face covering
- Bringing their own pen or pencil
- Cleaning their hands when entering and leaving the polling station
- Keeping a safe distance

Voters should not attend the polling station if they have symptoms of Covid-19, or if they have been asked to self-isolate. There will be provisions in place to apply for an emergency proxy vote if required due to health circumstances.

You can find more information about how to apply to vote by post or proxy by visiting the Borough Council's website: www.west-norfolk.gov.uk. However you choose to vote, you must be registered in order to have your say at the elections – the easiest way to register is online at www.gov.uk/register-to-vote. The deadline to register to vote for the May 2021 elections is midnight on Monday 19 April.

NORTH RUNCTON ART GROUP



The Art Group is not currently meeting due to Covid & health concerns of the members.

However, if you would like any information about the Group please contact Janet 01553 841514.

HOW TO REPORT FLY TIPPING

The Borough Council is responsible for dealing with fly tipping and have a new on-line reporting system. To report an incident of fly tipping, please use the following link:

<http://www.west-norfolk.gov.uk/default.aspx?page=21512>

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It can be downloaded from <http://counties.britishlegion.org.uk/branches/middleton/poppy-appeal> and all profits go to the local Poppy Appeal. The quizzes come out twice a year and will appear on this website along with the answers to the previous one.

NORTH RUNCTON PARISH COUNCIL MINUTES

Copies of the minutes from North Runcton Parish Council meetings are available on the website:

www.northrunctonpc.norfolkparishes.gov.uk.

However, if you would like a paper copy sent in the post then please contact Rachel Curtis – Clerk to North Runcton Parish Council
Tel: 01553 673043.

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Priest-in-Charge: Rev Riaz Mubarak 01553 841519 E-mail: rev.riaz.mubarak@gmail.com

Middleton St Mary's

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PCC Secretary: Vacant **Treasurer:** Mrs Christine Minister 840559

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Churchwarden: Mary Angelina 841519 and Mr K Matthews 842265

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East Winch All Saints

Churchwardens: Mr S Dale 630167 and Mrs W Smith

PCC Secretary: Mrs J Weavers 840510 **Treasurer:** Mrs W Smith 842281

PARISH COUNCILS:

Middleton (www.middleton-news.co.uk)

Clerk: Elaine Oliver Tel: 630655 E-mail: middletonparishcouncil14@gmail.com

Councillors: **Chair:** Mick Porter 841427; **Vice Chair:** Val Ward;

Mrs M Applegate; Mrs E Barclay; Mrs V Newton; Mrs C Rose; Mr J Tolley; Mr M Wiles;

Mr Z Wiles Van Dyke.

The Council meets on the first Wednesday of the month (except August) in the Village Hall at 7pm.

North Runcton (<http://northrunctonpc.norfolkparishes.gov.uk>)

Clerk: Rachel Curtis Tel: 673043 E-mail: northrunctonparishclerk@outlook.com

Councillors: **Chair:** Mr R Morrish Tel: 840284; **Vice Chair:** Miss K Fuller;

Mr J Fuller; Mrs L Gunn; Mr B Houchen; Mr L Stevens; Mrs K Williams; Mr P Yallop.

The Council meets on the second Tuesday of each month (except August) at 7.45 pm at the Village Meeting Place.

East Winch (www.eastwinchandwestbilney.co.uk/parish-council)

Clerk: Bob Pannell Tel: 775724 E-mail: bob.pannell1@btopenworld.com

Councillors: **Chair:** Mrs N Steele; Mr S Adkin; Mr A Bellehouse; Mr M Place; Mr N Velzeboer; Mr A Yarham

The Council meets every other month, normally on the first Monday of the month, at 7.30 pm in the Village Hall.

Borough Councillors: West Winch Ward: Simon Nash (01553 811200) & Peter Gidney (07885 258450). Gayton & Grimston Ward: Michael de Whalley (07770 273903) & Colin Manning (07885 258392)

Other Contacts:

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British Legion	John Collier	01553 842566
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Carpet Bowls Club	Peter Wall	01553 840471
East Winch Village Hall	Amanda Hart	01553 841236
Lunch Club	Olive Turpin	01553 840623
Middleton Village Hall	Mrs P Petch	01553 842149
Mothers' Union	Gillian Boon	01553 840320
N Runcton Village Meeting Place	Rachel Curtis	01553 673043

Editor: Chris Hudson; E-mail: editorofparishnews@gmail.com or call 01553 849725.

Advertising Manager: David Gager; E-mail: parishnewsadverts@gmail.com or call 01553 278402.

Views expressed in the magazine are not necessarily those of the Editor.

The deadline for the next issue (June/July) is Friday, 14 May.